

**CHILD HEALTH ADVISORY COMMITTEE**  
**MEETING MINUTES**  
**August 11, 2011**  
**Freeway Medical Building**  
**Room 906**

**Attendees:** Barbara Kumpe, Bob West, Brett Stone, Charlotte Davis, Elton Cleveland, Jada Walker, Laura Bednar, Laura Sanders, Michelle Smith, Pam Jones, Rosemary Rodibaugh

**Absentees:** Andrea Martin, Carole Garner, Connie Whitfield, Elisabeth Burak, Michelle Justus, Paula Smith, Tony Thurman

**Staff:** Joy Rockenbach and Mary Wells

**Next meeting:** September 8, 2011

**Business**

The approval of July minutes was delayed until quorum.

**Proposed Revisions Update & Discussion**

Last month, a letter was sent on behalf of the committee, to the Board of Education, commenting back on the revisions proposed by ADE. Since that time there has been continued discussion on their response to CHAC's stand on revising the PE regulations. There has been no further dialogue on CHAC's comments. And there has been no changes proposed by ADE on the proposed revisions from CHAC specifically, the requirement for PE instructors to be certified (which is the initial recommendations of CHAC from 2005).

One suggestion was to provide alternative language that would give school districts in financial distress the opportunity to apply for an exemption if they could not afford to have certified PE instructors.

Pending a vote at the September meeting, members agreed to revise the collective letter that was sent in July and attach the committee's initial recommendations from 2005. It was also suggested to include research articles on the positive academic effects of physical activity time and the improved quality of PE time when provided by trained PE teachers.

## **Child Health Advisory Committee Recommendations (around the 8 components of Coordinated School Health)**

In 2010, CHAC recommendations were sent to ADE. ADE has not responded. It was suggested in May, 2011, to wait until August to start revisiting the recommendations. Review was begun. There was also discussion to develop some type of recognition for schools that have begun utilizing the recommendations created by the committee. It was further suggested to use the recommendations as standards for schools districts to write in to tell how their schools are meeting or exceeding the recommendations and how it is being done. Those schools would receive a certificate of recognition for their endeavors.

## **CSH & School Based Health Centers**

Tamara Baker, ADH School Based Health Center Coordinator and Betsy Kindall, ADE School Based Mental Health Services Advisor presented on CSH and the School Based Health Centers. Tamara announced that the first round of school based health center (SBHC) grantees had been awarded. There were nine schools who were awarded grants. These schools offer mental and physical health services on campus and being a CSH school is a prerequisite for funding. They have also recently been able to award three more schools the opportunity to create school based health centers. Funds are provided through the 2009 tobacco excise tax.

There are currently 42 coordinated school health sites. There will be a CSH Coordinators meeting Monday, October 10 with Pat Cooper as featured speaker.

## **Organization and Program Updates**

### **Staff**

Mary Wells announced that there are currently two positions on the committee that are in the process of being filled. Those positions are for the Arkansas Parent Teacher Association and Arkansas Association of School Business Officials. She also announced that an applicant had been selected for ADH's Coordinated School Health Coordinator position. The selected applicant's name has been submitted to Human Resources and is currently going through the agency's approval process. Mary hopes to be able to offer the position to the applicant by next week.

### **Department of Health**

Dr. West announced that there will be a public hearing for the Maternal and Child Health Block Grant on September 2, 2011 at 2:00 p.m. The meeting will be held at the Freeway Medical Building in Room 906.

**Department of Education**

Joy Rockenbach announced that ADE has received the second round of applications for the CSH Director's position. They are currently in the process of reviewing them and plan to begin interviewing potential candidates within the next month. Dr. Bednar also wanted the committee to know that ADE is currently involved with the Breakfast in the Classroom program. The Department is in the process of hiring for the Physical Activity, Nutrition, and Tobacco (PANT) Coordinator. The deadline has been extended for the rules and regulations comment period. The new date should be posted soon on the website.

**Child Nutrition Unit**

Sheila Brown reported that USDA should be issuing final rules for breakfast and lunch along with practical guidance by the end of the year.

**Hometown Health Initiative**

A five page document was provided listing the various health-related workshops given throughout the summer by the Community Health Nurse Specialists and Community Health Promotion Specialists.

There are currently 15 CHNS and hope to have 16 by September 6, 2011.

**Act 1220**

Joy Rockenbach reported that there will no changes to the BMI data collection process for the 2011-2012 school year.

**Act 1220 CPH Evaluation**

COPH is still collecting data at this time. There are plans to have Martha Phillips present to the committee on the evaluation and its findings.

**Comments**

Barbara Kumpe stated that the American Heart Association (AHA) would like for there to be some standardized language for school districts to use for Joint Use Agreements. She stated there are currently no statewide guidelines for Joint Use Agreements.

NPLAN and Joint Use Agreements training will be held on November 3-4, 2011. This training will help schools understand the function of JUA's and how to write sustainable policies for schools and partnerships.

#### Action Items

- Email CSH recommendations, map of school based health centers, and AHA's and American Stroke Association's Safe Routes to School and FIT Kids support to members for further distribution.
- Request Carole's copy of July letter to Board of Education.

The meeting adjourned at 11:55 a.m.